

St. Angela Merici

Women's Retreat 2017

Date: March 3 - 5, 2017

Itinerary

Friday 3/3	What	Where
5:00 PM	Arrive - Check-In, Personal Time	Hermes Hall - Foyer
6:00 PM	Gather for Prayer, Meet and Greet	Hermes Hall - Conf. Room
6:30 PM	Dinner	Hermes Hall - Dining Room
7:15 PM	Retreat Session I - Intro to Grace of Yes/Yes to Belief	Hermes Hall - Conf. Room
9:00 PM	Wine and Dessert social	New Bldg. - Meeting Room
11:00 PM	Lights out	
Saturday 3/4	What	Where
8:00 AM	Breakfast	Hermes Hall - Dining Room
8:45 AM	Morning Prayer and Rosary	Chapel
9:30 AM	Retreat Session II - Yes to Generativity	Hermes Hall - Conf. Room
11:30 AM	Lunch	Hermes Hall - Dining Room
12:30 PM	Group Photo - Please wear retreat t-shirt	Steps in front of Chapel
1:00 PM	Retreat Session III - Yes to Creativity and Integrity	Hermes Hall - Conf. Room
3:00 PM	Personal Time	
5:00 PM	Mass	Chapel
6:00 PM	Dinner	Hermes Hall - Dining Room

	7:00 PM	Retreat Session IV - Yes to Humility and Vulnerability	Hermes Hall - Conf. Room
	8:30 PM	Exposition and Adoration of the Blessed Sacrament	Chapel
	9:30 PM	Pajama Party	New Bldg. - Meeting Room
	11:00 PM	Lights out	
Sunday 3/5		What	Where
	7:30 AM	Morning Prayer and Rosary	Chapel
	8:00 AM	Breakfast	Hermes Hall - Dining Room
		* Check Out of Rooms by 9:00 am - Put luggage in car	
	9:30 AM	Retreat Session V - Grace of No/Yes to Rebirth	Hermes Hall - Conf. Room
	11:00 AM	Sharing the Graces	Hermes Hall - Conf. Room
	11:30 AM	Lunch	Hermes Hall - Dining Room
	12:30 PM	Slideshow of Retreat Photos	Hermes Hall - Conf. Room
	1:00 AM	Departure	
Saturday 3/4		Personal Time Options	Where
	3:00 - 5:00 PM	Reconciliation with Father John and Father Joy	Chapel
		Labyrinth - self guided	See Map
		Stations of the Cross - self guided	
		Introduction to Types of Prayer	Nazareth - Prayer Room
		a) Lectio Divina - with Michelle Blackburn (3:00 - 4:00)	
		b) Guided Meditation - with Heather Reichert (4:00 - 5:00)	
		Spiritual Direction	Chapel
		Go for a Walk	

		Take a Nap		
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