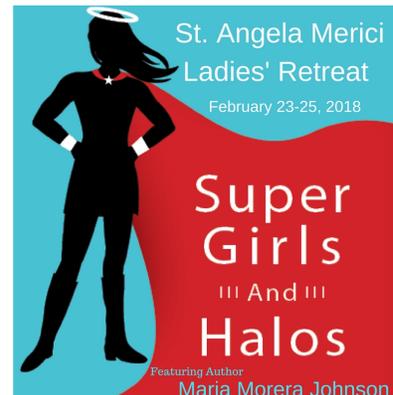


Why Attend the Parish Ladies' Retreat?

Every woman deserves time to deepen your relationship with God, connect with women in the parish community and to rest. As women, we tend to not give ourselves the gift of time away on retreat, but most of us need this time away to grow stronger in our faith, in our community and for ourselves. The retreat is structured to help each individual grow closer to God, spend time with the sacraments, connect with other parish women, and be rejuvenated through rest and inspiration.



This year, Maria Johnson, Catholic author and speaker, will be leading our talks and activities for the weekend. Maria is the author of two best-selling books, *My Badass Book of Saints* and *Super Girls and Halos*. While her talks will not be a focused on either of her books; the stories of the Saints, feats of heroic virtue and her own personal journey from a Cuban refugee to a college professor, wife, mother and now caregiver for her husband will be included.

Our schedule for the weekend includes group presentations, small group discussion, reflection time, morning prayer, adoration, Mass, reconciliation, opportunity for spiritual direction, music and social time with your fellow retreatants.

The retreat center is sitting on 40 acres of countryside outside of Victoria and the accommodations are rooms of 2 or 3 women with a private bathroom per room. You do not need a roommate to attend, we will pair you up if needed. You will be served 6 meals over the weekend beginning with dinner Friday night and ending with lunch on Sunday.

Enjoy not lifting a finger and being taken care of while on retreat. No need to make your bed, do dishes or clean up after everyone else. There's even time on Saturday afternoon for a nap or a long walk if that is what you need.

If you are interested in learning more about what our retreat looks like and what we do while on retreat, please visit our webpage at stamericigh.com/Ladies-retreat. We posted our schedule from last year, information about this year and a slideshow from the 2017 retreat.

Registration is open on our website stamericich.com/ladies-retreat. The cost is \$225 for the weekend (which includes meals and accommodations.) We encourage you to pray about whether God is calling you to spend time in Retreat this Lenten season with other women of the parish.