



Parents!

Welcome to the beginning of your teen's confirmation year! We are so excited to see what the Spirit has in store for your youth this year! We have been praying and planning for the youth of our parish to encounter the love of Jesus Christ as they approach the Sacrament of Confirmation!

Requirements for 2nd year confirmation students are as follows:

➤ **Attendance at Mass**

- Teens can attend mass at any time for their Sunday obligation, but we do offer a 5:00 pm LIFE TEEN Mass, with Life Nights following.
- **We invite teens to sit either at the front of the church together or with their families.**

➤ **Attendance at LIFE Nights**

- Weekly Attendance throughout the year
- Maximum of 3 absences/semester (6 TOTAL in the year)
- Each month typically has at least one LIFE Night off for various reasons

➤ **Participation in Small Groups**

- We are very blessed to be able to have a permanent small group discussion model
- This provides an opportunity for teens to meet new people, blend schools and build relationships. This also gives them the chance to share their perspective and ask questions about the topics we go over in large group.
- Attendance is recorded in small group

➤ **Retreats**

- Retreat is the last weekend in January (25-27)
- We will ride a bus to the Christian Renewal Center in Dickinson, TX and spend the weekend.
- The retreats are a pivotal point in this journey for our teens.
- **Attendance at one Confirmation retreat in your final year of preparation is mandatory and there are no exceptions. If you cannot make the retreat with St. Angela you MUST find another parish you can send your child with and make the arrangements to do so.**

➤ **Service hours**

- Because service is one of the foundational points in our faith, we ask the teens to complete 5 service hours during the year. However, the hope is that they would learn more of a servant's heart mentality rather than checking the box that they made their 5 hours. It could be caring for grandparents, helping at a local shelter, or a school/church event but how were you Christ's hands and feet during that time?
- Each teen will be required to write a paragraph or more of reflection about their time spent serving others as His hands and feet.



➤ **Adoration**

- Teens are asked to attend a minimum of 3 hours of adoration throughout the year.
- We will have one hour on retreat and one LIFE Night of exposition. An additional hour should be completed on their own (Every Thursday St. Angela offers Adoration from 9am Mass until the 6:45pm Mass)

➤ **Sponsors (form is due with Confirmation forms)**

- Sponsors must be:
- A confirmed Catholic who is at least 16 years and older
- In good standing with the Catholic Church. (Meaning they attend Mass regularly)
- The teen's parent may **NOT** be the teen's sponsor. Although the parent may stand in at the ceremony if the sponsor is unable to be there.
- **Teens should pick their sponsor based on the ability to freely speak/ask questions about the faith.** This person is the driving force in your teen's formation towards Confirmation. A sponsor should be someone who is going to push the fact **CONFIRMATION IS NOT GRADUATION.** Teens should be encouraged to pray about this before asking anyone.

➤ **Copy of Baptismal certificate (due with Confirmation forms)**

- If you do not have a copy on hand, contact the parish of baptism and they can fax it to Saint Angela directly at 281-778-0401

Please keep this year in your prayers! We are excited for the fall!

Thank you,

Rebecca Jankowski

Director of Youth Ministry